



## **Taste Life Nutrition Therapy, LLC**

### **Checking Insurance Benefits**

This form will help guide you through checking your Medical Nutrition Therapy benefits to ensure that our time together is covered by your insurance plan, and/or that you understand what is covered by your plan.

Please note that the dietitians at Taste Life Nutrition Therapy, LLC are approved on the following insurance panels at this time; Blue Cross Blue Shield, Cigna, Aetna, Healthchoice, and United Healthcare. If you are contracted with another insurance company you will need to follow the instructions below to check benefits. If we are not billing insurance, you are expected to pay in full for each session and you will be provided a superbill at the end of each session to submit to your insurance company for reimbursement for our sessions. This superbill does not guarantee reimbursement.

### **Call the member services number on the back of your card, and ask:**

\*At the beginning of the call, write down the representative's name you spoke with and the reference # of the call whenever you check benefits. This will be needed if you ever have to dispute a rejected claim.

1. Does my plan cover outpatient nutrition therapy (codes: 97802, 97803)
  - a. If yes, how many sessions are allowed?
  - b. Does plan cover visits that are "medically necessary", or do they cover preventative services?
2. Do I need to meet a deductible before nutrition therapy services are covered?
  - a. If yes, how much is my deductible, and how much of my deductible have I already met?
3. Do I have a co-pay for medical nutrition therapy outpatient services?
4. Do I need a physician referral for out-patient medical nutrition therapy visits?

*Claire Gish's National Provider Information Number: 1396004388*

*Natalie Bessinger's National Provider Information Number: 1245688860*